

S2 – St Andrews 2018

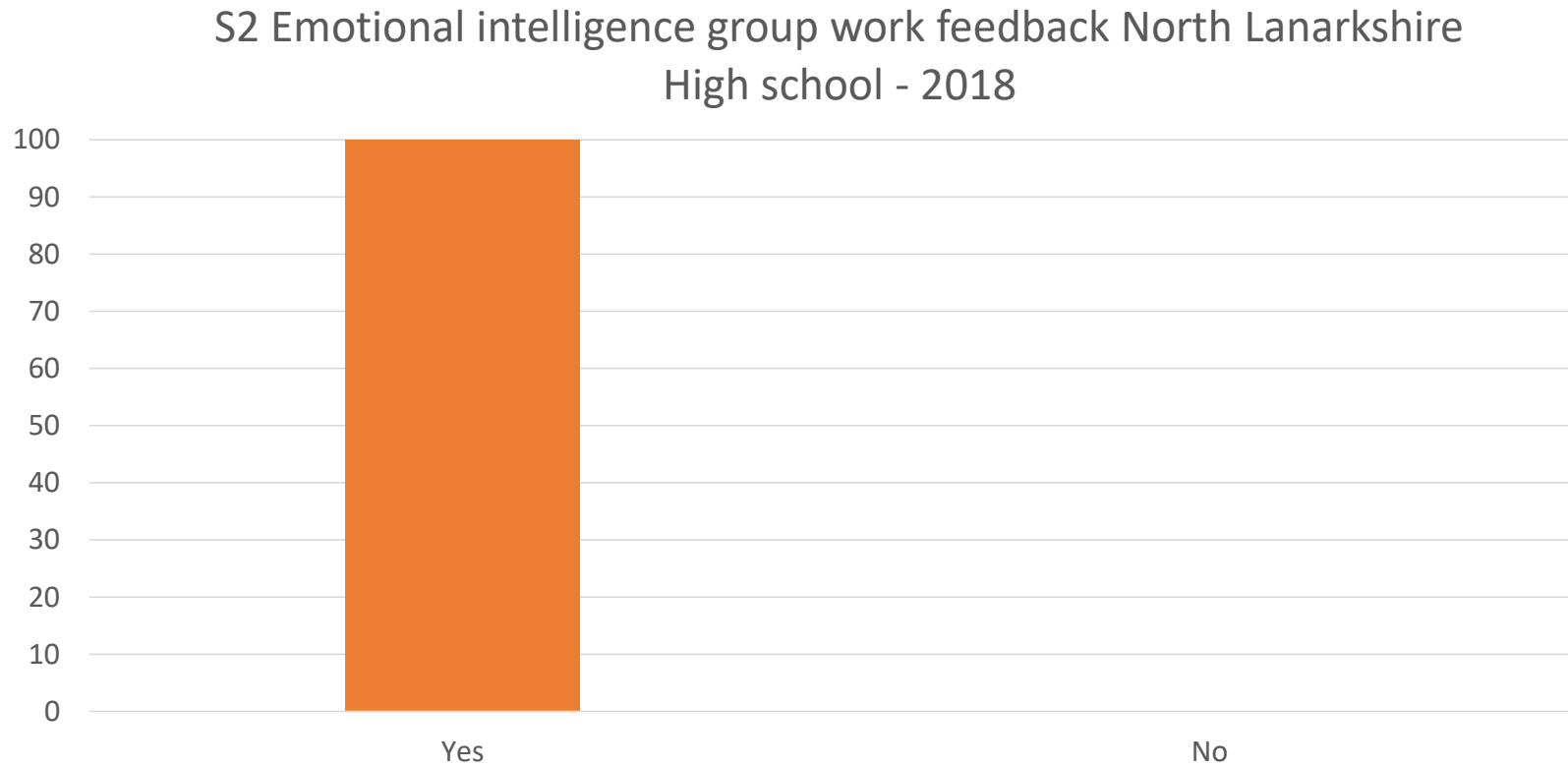
“Emotional intelligence group work”

Feedback from session 1, 2 & 3

Brooke Longmore
Self Development Coach

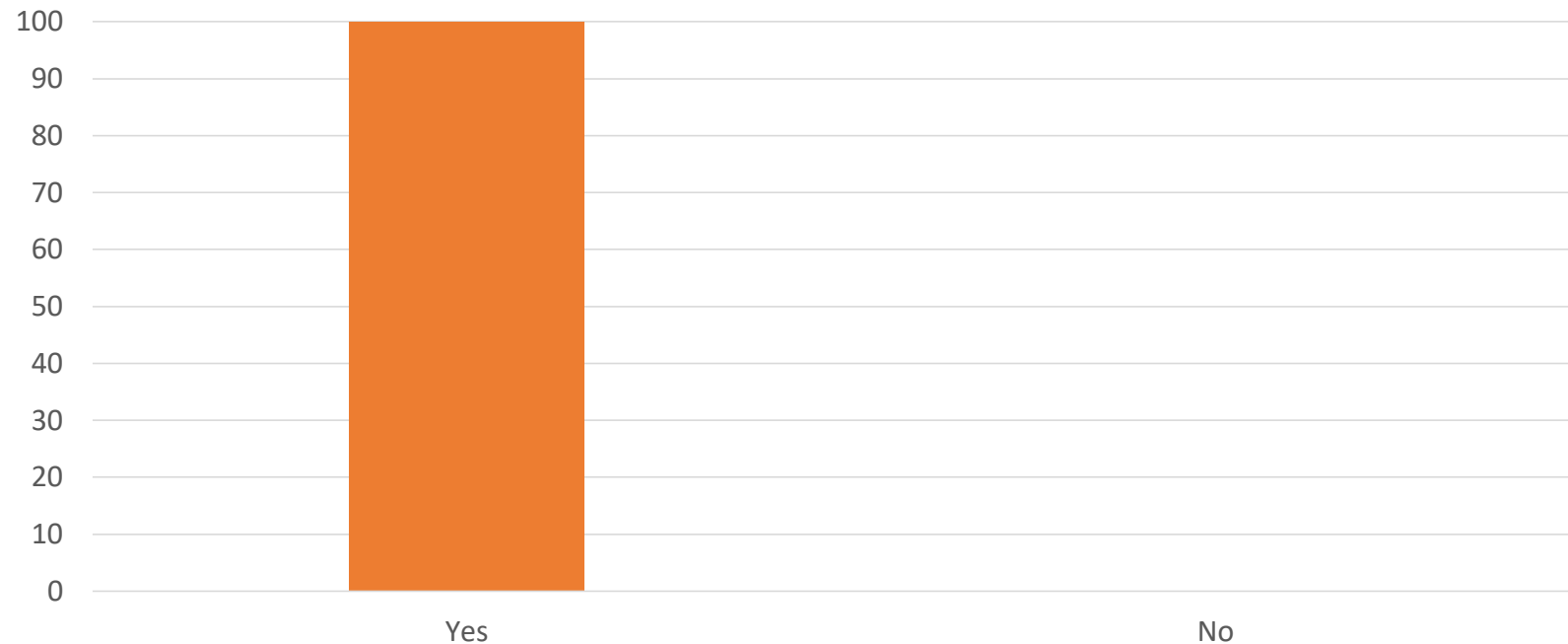
brookelongmore.co.uk
07527 718511

Do you feel more confident since you started to attend the workshops?



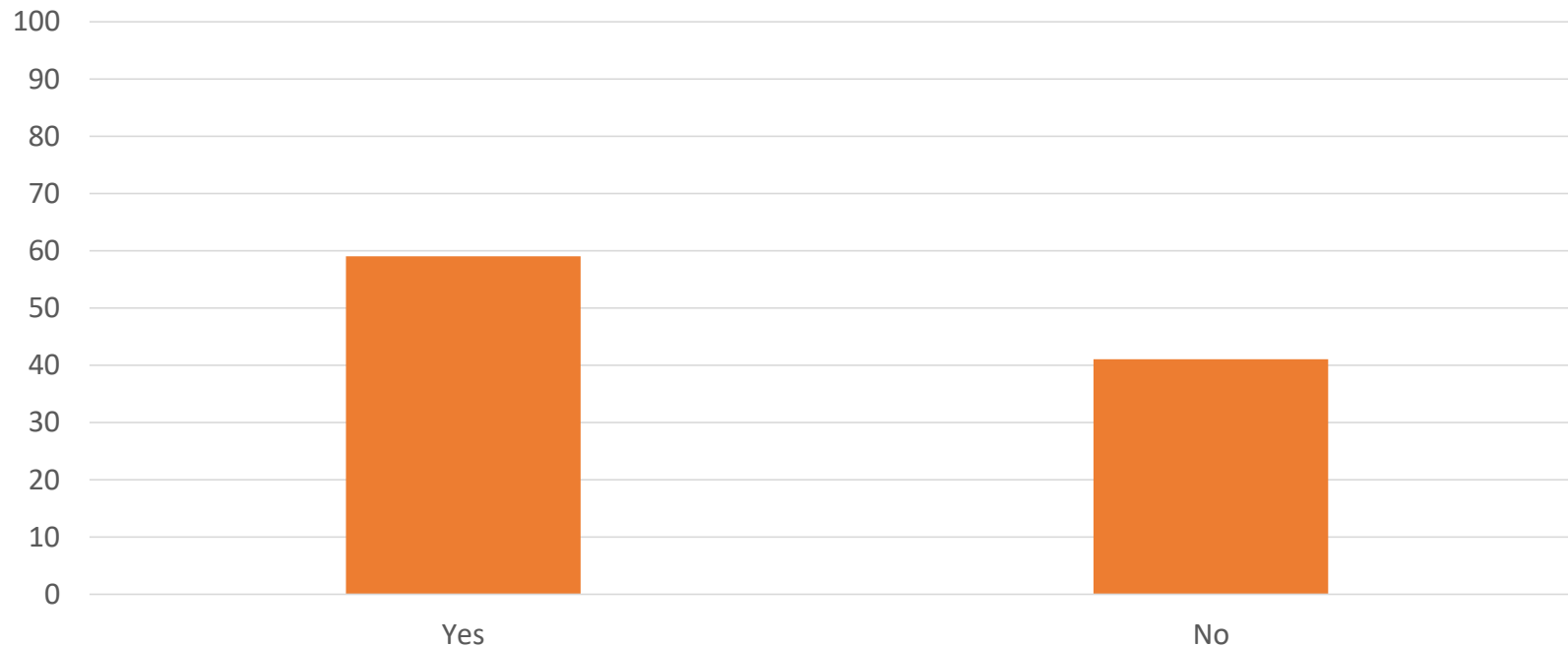
Have you enjoyed being guided to step out of the comfort zone?

S2 Emotional intelligence group work feedback North
Lanarkshire High school - 2018



Do you speak to others about what you are learning in the workshops?

S2 Emotional intelligence group work feedback North Lanarkshire
High school - 2018



What have you enjoyed the most in our workshops?

“Getting out of class and getting my confidence up”

“Talking loud”

“Speaking to others”

“Boost in my confidence and pals”

“Group work”

“Knowing more people”

**S2 Emotional intelligence group work feedback North
Lanarkshire High school - 2018**

What have you enjoyed the least in our workshops?

“It’s only 45 minutes”

“Getting up and moving about”

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Lanarkshire High school - 2018

What would you say to someone who is thinking about attending the workshops?

“It’s fun”

“It’s good and makes you a lot more confident”

“It’s fun and gets you out of class”

“It’s the best thing ever”

“It helps you build confidence and team building and helps you step out the comfort zone”

“It’s worth it”

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Lanarkshire High school - 2018**